



HEADQUARTERS NEW JERSEY ARMY AND AIR NATIONAL GUARD
NEW JERSEY DEPARTMENT OF MILITARY AND VETERANS AFFAIRS
3650 SAYLORS POND ROAD
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AGR READINESS INDICATORS

1. References:

- a. AR 135-18, The Active Guard Reserve (AGR) Program
- b. NGR (AR) 600-5, The Active Guard/Reserve Program
- c. 600-8-2, Suspension of Favorable Personnel Actions (Flags)

2. Army Regulation 135-18, The Active Guard Reserve (AGR) Program, specifies the purpose behind the AGR program. *The objective of the AGR program is to provide highly qualified officer and enlisted personnel to meet the support requirements for ARNGUS...This program provides for—the best qualified soldiers to enter on AD or FTNGD as participants in the AGR Program.* In meeting the spirit of this regulation, The Adjutant General has assigned the Assistant Chief of Staff, J-1, the responsibility of administering key AGR readiness issues to ensure the NJARNG AGR force sets the example for all of our soldiers. Among these are the following:

- Army Physical Fitness Test
- Army Weight Control Program
- Periodic Physical Examinations
- Temporary and Permanent Physical Profiles
- Military Occupational Specialty Qualification (MOSQ)

3. Readiness issues such as these are largely the personal responsibility of individual soldiers. This responsibility should not be taken lightly. AGR soldiers' purpose in being assigned to National Guard units is to *enhance* readiness, not detract from it. Supervisors are responsible for ensuring their FTSF meets or exceeds all standards set forth in Army and National Guard regulations. Soldiers and supervisors who repeatedly ignore such requirements themselves are a detriment to unit readiness and good order and discipline. AGR soldiers who do not comply with the above requirements in a timely manner will be flagged IAW AR 600-8-2 and the appropriate regulation pending release from the AGR program IAW NGR (AR) 600-5, paragraph 6-5c.

4. Point of contact is LTC Nicholas Chimienti at commercial (609) 562-0882.

OFFICIAL:

GLENN K. RIETH
Brigadier General, NJARNG
The Adjutant General

FRANK. R. CARLINI
COL, GS, NJARNG
Chief of Staff

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